

Find out why training your MDW in caregiving matters



Dear Employers,

Do you have an elderly at home who needs specialised care? Providing training to Migrant Domestic Workers (MDWs) to learn skills like mobility assistance, medication administration and effective communication, is crucial for providing quality care to our elderly loved ones.

An MDW who is trained can:

- ✓ Ensure the safety and well-being of the elder.
- ✓ Minimise the risk of accidents, injuries, and medical complications.
- ✓ Learn to understand and manage age-related conditions and behaviours.
- ✓ Acquire the ability and confidence to provide good quality care.

[Learn more](#)

Have worries about the training fees?



To help defray the training cost, the Agency for Integrated Care (AIC) offers a Caregivers Training Grant – a \$400 subsidy in the first year and a \$200 annual top-up for subsequent years. This enables caregivers, including MDWs, to participate in approved courses to better care for household members.

[Find out more](#)

What will your MDW be taught at caregiving training?

► Practical Communication



► Helping Seniors Take Medication



► Monitoring Vital Signs



These are just some of what your helper may learn during her training, so do find out more details from the course providers.

Did You Know?

Paying your MDW's salary in full and on time allows her to focus on her duties and not worry about the delayed or incomplete salary affecting her family.

Take note that salary deductions for medical expenses, flight tickets, penalties for performance issues or damage to household equipment are not allowed.

[Find out more](#)

Help your MDW stay safe and compliant with the law

With the MOM WhatsApp Channel for MDWs

- She'll receive updates and tips about working in Singapore, like how to avoid scams and loan sharks.
- She can ask a 24/7 infobot questions about employment matters.



Send her this QR code to subscribe now!

[Let her sign up here](#)

"Good for helpers to have this system if they have no one to confide in, especially if they're new."

MDW Employer Keith Chew

Activities for your MDW

Encourage your MDW to spend her rest day meaningfully by upskilling or recharging through these NGO activities.



AEA(S) Fun Club

Let your MDW rest and recharge with friends in a safe space that's exclusively for helpers! She can de-stress with activities like exercise, art sessions, language classes and more.

[Register now](#)

Manage Your Money, Build Your Confidence and Essential Computer Skills

Starting date: 8 Sep

Empower your MDW with Aidha's 6-month course that equips them with skills to manage money wisely, better communicate and acquire valuable computer skills.



[Learn more](#)



Basic English Course for Burmese MDWs

15 Sep

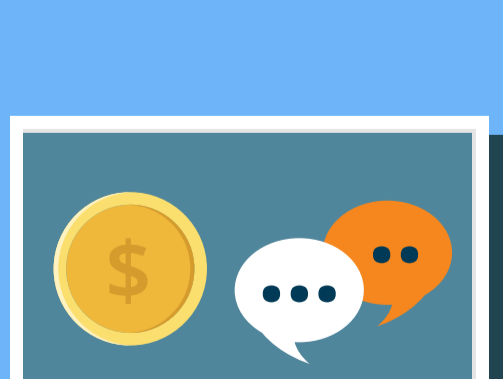
Enhance your Burmese MDWs' skills and productivity with Centre for Domestic Employees' (CDE) basic English course for MDWs to improve communication, task management and foster a better working relationship.

[Register now](#)

FREE Workshop for MDWs: Introduction to Financial Education

8 Sep (10.30am – 12.30pm)

Get your MDW to check out Aidha's FREE workshop to teach MDWs to manage their money wisely and make better financial choices.



[Learn more](#)



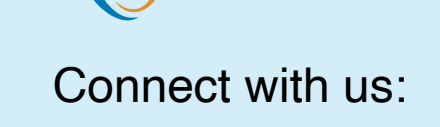
FREE Workshop for MDWs: Stress Management and Women's Health

29 Sep (10.30am – 2pm)

Register your MDW's to Aidha's FREE workshop which teaches simple and powerful stress relief techniques and offers information and guidance on women's health issues.

[Learn more](#)

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