

Check out our new Q&A column on MDW issues:

Ask Jaya!

Dear Employers,

Do you have questions like these, but are unsure about who to turn to for answers?

- ▶ What should my helper keep in mind when going on home leave?
- ▶ How should I discuss phone use with my helper?
- ▶ Should I hire a transfer helper?
- ▶ How should I pick a good employment agency?

Let Ms K Jayaprema, the President of the Association of Employment Agencies (Singapore), provide you with insightful responses.

[Get the answers you need](#)

In-demand Skills

Three common skills that employers would like their MDWs to acquire are English, first aid and caregiving for the elderly.

Aidha offers a 6-month English course designed to significantly improve her communication abilities.



[Learn more](#)

The DARE (Dispatcher-Assisted First Responder) programme can teach your helper to perform chest compressions and use an AED.

Training is conducted either

- ▶ Virtually, or
- ▶ In a group (please provide a venue with a projector or a screen that can display a video)



[Learn more](#)

or

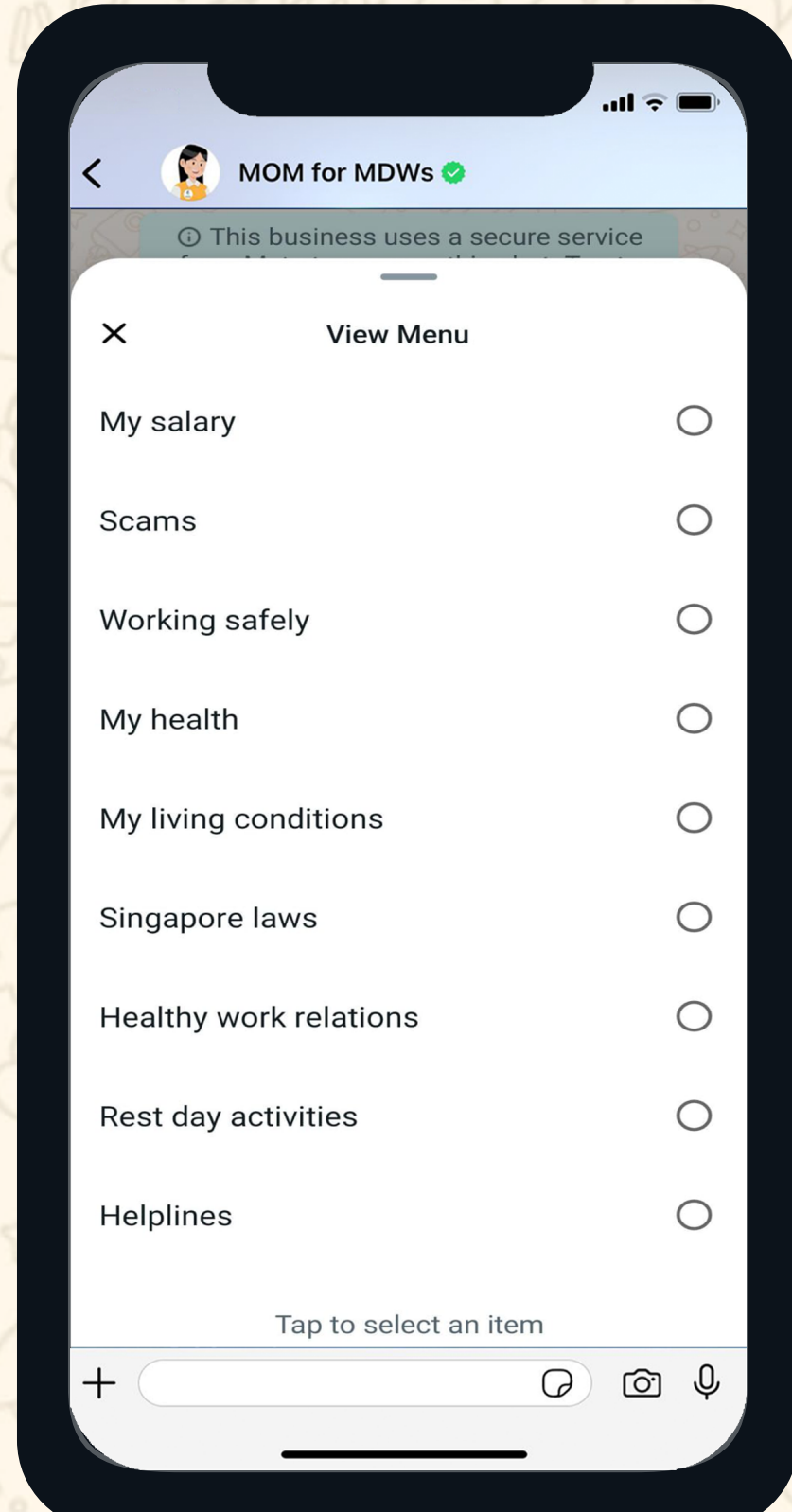
[Register](#)

ACMI provides basic training in caregiving and more.



[Learn more](#)

Help your MDW stay safe and compliant with the law



With the MOM WhatsApp Channel for MDWs

- ▶ She'll receive updates and tips about working in Singapore, like how to avoid scams and loan sharks.
- ▶ She can ask a 24/7 infobot questions about employment matters.



**Send her this QR code
to subscribe now!**

[Or, let her sign up here](#)

💡 Did You Know?

Since 1 January 2023, every MDW is entitled to one rest day per week, and that one of these each month can't be compensated away. We understand that life gets busy, but adhering to this practice is a legal requirement. Employers who fail to provide the mandatory rest day may be subjected to enforcement action by the Ministry of Manpower.

[Learn more about rest days](#)

📅 Event Highlights

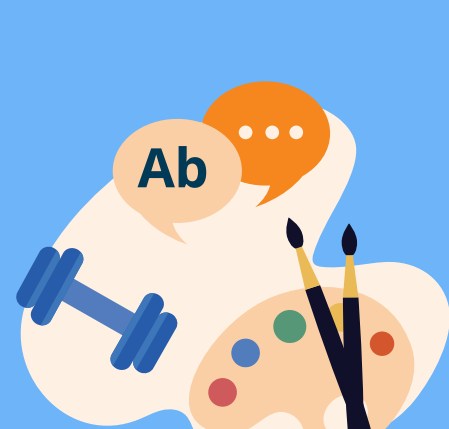
Aidha's Unspoken Life Photography Competition

Deadline: 28 Jul

Does your MDW like to take photographs? Encourage her to share her personal story through her shots! Prizes include \$500 in cash and more.



[Learn more](#)



AEA(S) Fun Club

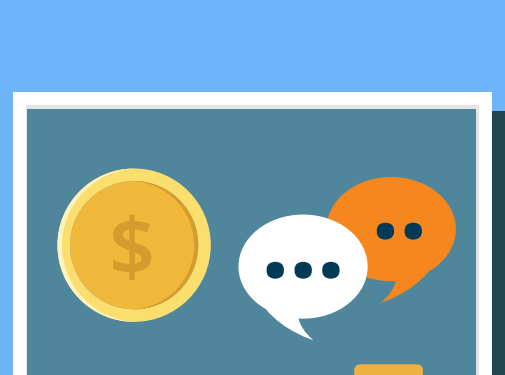
Let your MDW rest and recharge with friends in a safe space that's exclusively for helpers! She can de-stress with activities like exercise, art sessions, language classes and more.

[Register here](#)

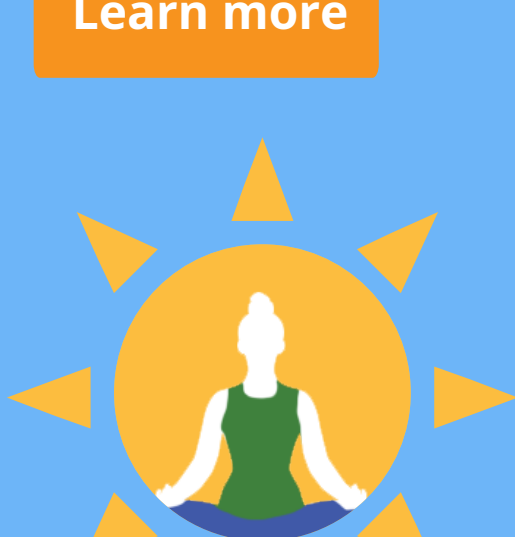
Course: Manage Your Money & Tech

Starting dates: 7 Jul OR 4 Aug

Empower your helper with Aidha's 6-month course that equips her with money management, communication and IT skills. T&Cs apply.



[Learn more](#)



Free: Stress Relief & Goal Achievement Workshop

14 Jul

10.30am - 1.45pm

Your MDW will learn how to control stress and overcome obstacles. T&Cs apply.

[Learn more](#)